

#### **GOVERNMENT OF KARNATAKA**

NO: HFW 216 ACS 2020.

Karnataka Government Secretariat Vikasa Soudha Bengaluru, Dated: 9-06-2020

## SOP for Admission of COVID - Positive persons in CCC/DCHC/DCH/Pvt. Hospitals after Clinical Assessment.

Testing guidelines are issued for testing of Covid-19 by Government vide order no HFW 205 CGM 2020 dated 08.06.2020.

After the test result comes as positive, the District Surveillance Officer (DSO) is informed. DSO should follow the listed procedure.

- 1. The health team sent by the DSO should visit the home/institution where the Covid-19 patient is staying. The team should have a **rapid assessment of health condition of patient** by way of finding his/her body temperature, SpO<sub>2</sub> level and presence of any known co-morbid condition ( told by patient or family member) viz. hypertension, diabetes, TB, HIV, Cancer, Strokes, Pregnancy, etc.
- 2. All patients shall be divided into 2 categories:
  - a). Those who have body temperature >37.5°C (>99.5°F), SpO<sub>2</sub> level below 94%, elderly (above 60 years of age) and are suffering from known co-morbid conditions should be taken to a Dedicated COVID Hospital (DCH) or appropriate private hospital as opted by the patient.
  - b). All other patients; elderly but not suffering from any known co-morbid conditions or those who are less than 60 years and suffering from known co-morbid conditions & asymptomatic should be taken to Dedicated COVID Health Centre (DCHC) or a private hospital as opted by the patient. The patients are assessed clinically and evaluated at DCHCs / Private hospitals with appropriate diagnostic tests. After evaluation, if the patients are **asymptomatic**, they are shifted to **CCC** (COVID Care Center) for further management.
- 3. The CCC shall have following facility.
  - a) Well ventilated room.
  - b) Pulse Oximeter, Hand held thermal scanner & BP apparatus.
  - c) 24X7 presence of one nurse for every 50 patients. They should visit the patient twice a day for their medical assessment. The medical officer will visit the CCC once daily and will be available on call if any emergency comes.
  - d) The staff serving food etc. should wear PPE & N-95 mask.
- 4. At DCHC/ Private hospital the following medical assessment is done for COVID-19 patients.
  - a) General examination- Temperature, Blood pressure, Pulse, O<sub>2</sub> Saturation and Urine Output.

- b) Investigations Complete Blood Count, Fasting Blood sugar/Random Blood sugar, Liver function tests, renal function tests, ECG and Chest X ray.
- c) DCHCs should ensure that above examinations are over in an order timeline of 24 hours & depending on the examination, the patient is continued at DCHC or send to DCH or CCC.
- 5. The discharge policy should be done as per the protocols issued by the Health Department from time to time.
- 6. The patient and/or his relative shall sign the attached consent form in case he/she is going to a private DCH / DCHC/CCC facility.

Additional Chief Secretary to Government,
Health and Family Welfare Department

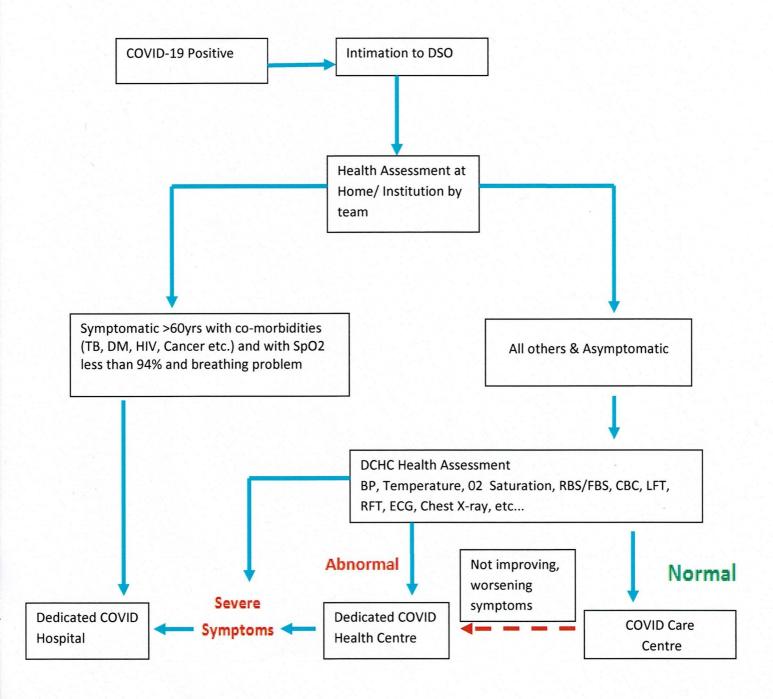
#### To:

- 1. Principal Secretary, Medical Education, Vikasa Soudha, Bengaluru.
- 2. Commissioner, Health and Family Welfare Services, Ananda Rao circle, Bengaluru.
- 3. Mission Director, National Health Mission, Ananda Rao circle, Bengaluru.
- 4. Director, Health and Family Services, Ananda Rao circle, Bengaluru.
- 5. Director, Medical Education Dept., Ananda Rao circle, Bengaluru.
- 6. All Deputy Commissioners.
- 7. All CEOs of ZPs.
- 8. All District Health and Family Welfare Officers.
- 9. All District Surgeons.
- 10. All District Surveillance Officers.
- 11. All Testing Labs of State.

Copy for kind information:

Chief Secretary, Government of Karnataka.

### Flow chart for COVID-19 patients





# Government of Karnataka Department of Health & Family Welfare Services.

(Consent of Individual to go to Private Hospital identified by Government for Covid-19 treatment under scheme (if eligible) or at his own cost)

| I, S/o,  |
|--|
| N/o or D/o, aged,  |
| rears is tested and found Covid-19 positive. I opt for Private medical |
| acility (identified by State Government). I am willing to bear the     |
| expanses for my treatment in the private hospital.                     |
| . 보통                               |
|  |
| Date: Signature of Patient/  |
| Relative   |
| Place: (Name in case of relative)                                      |
| Mob No.  |