

SOP Summary for Travellers/ Returnees to Karnataka
(Compiled: 9th May 2020)

Category	Inter-District		Inter-State		International	
	Where to Quarantine/ Isolate	When to Test	Where to Quarantine/ Isolate	When to Test	Where to Quarantine/ Isolate	When to Test
Category 1 (Symptomatic)	<ul style="list-style-type: none"> ▪ Referred to DCHC for Sample collection and isolation ▪ If Positive shifted to DCH 	<ul style="list-style-type: none"> ▪ Tested Immediately on Arrival ▪ If negative, referred to other hospital based on symptoms or released to 14 day home quarantine ▪ No further testing required 	<ul style="list-style-type: none"> ▪ Referred to DCHC for Sample collection and isolation ▪ If Positive, shifted to DCH 	<ul style="list-style-type: none"> ▪ Tested Immediately on Arrival ▪ If negative, continued in Institutional isolation for 14 days and tested again on 14th day of arrival 	<ul style="list-style-type: none"> ▪ Referred to DCHC for Sample collection and isolation ▪ If Positive shifted to DCH 	<ul style="list-style-type: none"> ▪ Tested Immediately on Arrival ▪ If negative, continued in Institutional isolation for 14 days and tested again on 14th day of arrival
Category 2 (Asymptomatic)	No Quarantine	Not Required	<p>Urban Area:</p> <ul style="list-style-type: none"> ▪ If returned from High-risk states, then Institutional Quarantine for 14 days; ▪ If returned from other states, then 14 day Home Quarantine <p>Rural Area:</p> <ul style="list-style-type: none"> ▪ 14 days Institutional Quarantine for all returnees ▪ If they have returned from Goa, then only home quarantine 	All Passengers tested on 14 th day of Arrival	Institutional Quarantine for 14 days	<ul style="list-style-type: none"> ▪ Tested Immediately on Arrival ▪ If negative, continued in Institutional quarantine for 14 days and tested again at 14th day of arrival

Note: 1. Testing to be done by RT-PCR (Throat swab+Nasal Swab in one VTM tube).

2. Self-Reporting Period of 14 days after 14 days of facility quarantine/isolation or after 14 day home quarantine

3. If category 2 persons develop symptoms (Fever, Cold, Cough or difficulty in breathing) anytime within 28 days of arrival; shall be tested immediately

4. All passengers/returnees should download Arogya Setu, Quarantine Watch and APhamitra Apps on their mobile phones irrespective of category

5. High Risk States will be updated every week. High risk states as on 8th May – Maharashtra, Gujarat, Delhi, Tamilnadu, Rajasthan

DCH- Designated COVID Hospital; DCHC- Designated COVID Health Centre