Director of Health and Family Welfare Services
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No: DD/SSU/COVID-19 SOPs & Guidelines/42 part (A)/2020-21 Date: 22.7.2020

CIRCULAR

Subject: Sample collection centres/labs/fever clinics, etc. to provide information regarding what person needs to do if he/she tests positive for COVID-19

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It is important to inform the persons giving samples for COVID-19 testing, that he/she should strictly self-isolate till the results are communicated. If the person tests positive he/she shall do the following:

1. Continue self-isolation
2. For medical triage/consultation, call free helpline Apathamitra 14410
3. Dial 108 ambulance/ 1912 helpline to visit the nearest health center/hospital (government or private) for medical triage/consultation
4. The person shall be given information regarding different facilities available. Based on medical triage, the person may be allowed home isolation/home care or Covid Care Centre (CCC) or Covid hospital
5. The person shall follow the medical advice received for further management

Annexure regarding patient flow chart is attached which shall be displayed at all sample collection centres, fever clinics, labs etc. and a copy may be given to the patient.

[Signature]
Director
Health and Family Welfare Services

Copy to,
1. District Health and Family welfare officers & District Surveillance Officers of all districts.
2. CHO-BBMP

Copy for kind information to:
1. Chief Secretary to Government of Karnataka
2. Additional Chief Secretary- Health & Family Welfare Department
3. Commissioner-Health and Family Welfare
4. Commissioner-BBMP
5. Mission Director-NHM, Bengaluru
Annexure: Patient Flow chart

FEELING SICK? THIS IS WHAT YOU HAVE TO DO!

Feeling Sick

Consult Doctor (Govt/Priv)

COVID Test not recommended, take prescribed medication

COVID Test recommended, visit nearest COVID testing center or call 1052

1. Strictly avoid contact
2. Isolate at home

Isolation Centre
Government
COVID care centres
Home isolation protocol
NIV isolation protocol
Hotel isolation paid by personal

Consult doctor (Govt/Priv)

Follow medication and instruction

For more information call toll free Apthamitra helpline 14410

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