



GOVERNMENT OF KARNATAKA

No. HFW 180 ACS 2020

Karnataka Government Secretariat
Vikasa Soudha
Bengaluru, dated: 26.5.2020

CIRCULAR

Revised Discharge Guidelines for COVID-19

In view of the recent revision of discharge protocol issued by MoHFW, Government of India, and based on the opinions of the Expert Committee and High Level Working Committee, the following revised Guidelines is issued by Government of Karnataka.

1. COVID Positive and symptomatic:

1.0. All the COVID positive cases shall be isolated and treated at *Dedicated COVID Hospital (DCH) or Dedicated COVID Health Centre (DCHC) both in public and private.*

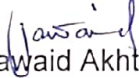
The following discharge policy shall be followed:

- 1.1. All cases shall undergo regular temperature and pulse oximetry checks.
- 1.2. The patient can be discharged after **10 days of onset of symptoms** only if the following criteria are met:
 - i. No Fever and No Symptoms for the last 3 consecutive days before the discharge (without antipyretics).
 - ii. Maintains saturation above 95% for the last 4 days (without oxygen support).
 - iii. Resolution of breathlessness.
 - iv. Resolution of clinical signs / symptoms (based on the report of investigations).
 - v. One RT-PCR test shall be done three days after being symptom free and the patient has to be discharged if the report is negative. If the report is positive, the RT-PCR test shall be repeated after 72 hours.

2. COVID positive and Asymptomatic :

2.1. Asymptomatic individuals with positive RT-PCR test reports who continue to remain asymptomatic during their stay in the hospital, shall be discharged only after a repeat RT-PCR test performed 7 days after the first test is found to be negative.

3. At the time of discharge, the patient shall be advised for home quarantine for another 14 days.


(Jawaid Akhtar)

Additional Chief Secretary to Govt.
Health & Family Welfare Department
and Medical Education Department

To:

1. Deputy Commissioners of all the Districts.
2. Chief Executive Officers of all the Zilla Panchayats.
3. DH & FWO/RCHO/DSOs of all Districts.

Copy for information:

1. Commissioner, Health & Family Welfare Services.
2. Mission Director, NHM, Bengaluru.
3. OSD, SSU Covid-19.
4. Director, H&FWS, Bengaluru.
5. Director, Medical Education Department, Bengaluru.
6. Special Officer, IEC and JD, AB-ArK.
7. Joint Director, CMD, Bengaluru.